

## West Midlands North Foundation School

Individual Placement Description – University Hospitals of North Midlands NHS Trust

<b>Placement</b>	FY2 General Psychiatry
<b>The department</b>	Psychiatry
<b>The type of work to expect and learning opportunities</b>	<ul style="list-style-type: none"> <li>• Weekly bleep-free Foundation Teaching on Wednesday or Thursday, 1pm - 2 pm</li> <li>• Weekly Journal club and Case conference on Mondays 12 -2 at Learning Centre</li> <li>• Daily Morning Rapid Review with Consultant (and/or Specialty Dr) covering all inpatients</li> <li>• Attend multi professional formulation meetings where new patients undergo diagnostic and etiological assessments and care plans generated.</li> <li>• Attend progress reviews of individual patients with consultant</li> <li>• Attend discharge planning meetings where risk is reviewed, progress evaluated, and future care is planned</li> <li>• Participation on acute psychiatry on call rota</li> <li>• Weekly MDT meeting where performance, quality and communication is discussed</li> <li>• Observe ECT administration</li> <li>• Attend suicidal crisis and learn how to assess and manage emotional crisis</li> <li>• Opportunities to 1. Comprehensive assessment of depression, psychosis, anxiety disorders, personality disorders and organic/substance induced disorders. 2. Opportunities to learn common techniques and interventions to address anxiety, low mood, low self esteem, social withdrawal, insomnia, aggression, suicidal thoughts and emotional crises. 3. Opportunities to observe psychological assessments, CBT and EMDR 4. Learn safe and effective prescribing for insomnia, anxiety, depression and psychosis. 5.</li> <li>• Familiarise with EEG, MRI and other physical investigations in relation to mental illness. The unit is active in research. We are recruiting patients for few national multi centre placebo controlled trials. Trainees will have opportunities to participate in this process.</li> <li>• You will work with a team of professionals to supervise the care and safety of psychiatric patients.</li> </ul>
<b>Where the placement is based</b>	St Georges Hospital, Stafford
<b>Supervisor(s) for the placement</b>	Dr R Das Helen Whitworth

<b>Main duties of the placement</b>	<p>You will be expected to undertake the daily management of patients with your team under senior supervision. You will be expected to attend the structured departmental teaching events scheduled. All F2's will be expected to take an active part on daily ward rounds with their team. You are expected to know all clinical details on all the patients under the care of their clinical supervisors, and to present the clinical condition to their supervisors on ward rounds. The F2 will take part in drawing up the daily management plans and executing many of these within their own competencies. They will become proficient in history taking.</p> <p>The Whittington suite attached to Brocton house has 6 beds dedicated to patients from Ministry of Defence, mostly serving soldiers with mental health problems. This is a unique opportunity to familiarise with a range of stress related disorders including PTSD, Alcohol dependence, depression and adjustment disorders.</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances</p>
<b>Typical working pattern in this placement</b>	<p>F2 will be expected to present patient assessments at formulation meetings. It is expected that they review physical health of all inpatients regularly and organise necessary investigations and manage physical health conditions appropriately.</p> <p>F2 will be expected to do discharge summaries with in stipulated time frame. F2 can contact consultant/ specialty doctor at any time of working hours Weekly 1 hour supervision is mandatory with the consultant Once a week Out Patient Clinic is arranged with another Consultant (Dr Armani Das) to offer community experience .</p> <p>You would be expected to present cases and management plans on ward rounds (opportunities for DOPs and CBDs) You would be expected to be proactive in managing patient flow, in particular around safe discharge planning You would be encouraged to do an audit, which is time limited to within your 4 months of the attachment, looking at a process that you are involved with on the ward</p> <p>You will have 3 formal meetings with your Educational Supervisor as well as feedback on ward rounds. This is a community placement of which many are located in rural areas; in order to meet the travel requirements for the role there is an expectation that you have your own transport or you will need to use public transport.</p>
<b>Employer information</b>	<p>University Hospitals of North Midlands NHS Trust</p>

It is important to note that this description is a typical example of your placement and may be subject to change